

# Holy Rosary Parish

## Information on Selecting a Sponsor for Confirmation

**Sponsor form due October 8, 2023**

As a candidate for Confirmation, you are undertaking a process to deepen your relationship with Christ and ask for the gift of his Holy Spirit. You are not alone in this journey, however. God has entrusted you to your parents, and you have the gift of your faith community as well. But you also must choose someone to accompany you during this process. This is your choice, not your parent's, because they are your sponsor.

### **There are a few necessary qualifications that a sponsor must meet:**

- They must be a fully initiated Catholic, having received the Sacraments of Baptism, the Eucharist and Confirmation.
- If they are married, they must have been married in the Church, sharing in that covenantal and/or sacramental grace.
- They must be at least 16 years old, and of sufficient maturity to approach this task as it requires. It should not just be a friend who was confirmed.
- They must be a good role model of discipleship, regularly attending Sunday Mass and living a life with prayer and virtue.
- They cannot be a parent or guardian.
- Sponsors must fill out a Sponsor Commitment form and provide a copy of a recent baptism certificate from their parish of baptism (if it is other than Holy Rosary Seattle) to verify the above minimum requirements.

### **Besides these minimum qualifications, there are some important qualities to look for in possible sponsors as well:**

- The ideal choice is one of your godparents if they are still in your life and meet all the other requirements.
- It should be someone you feel comfortable sharing your faith with and praying with; someone you can ask questions, even difficult ones; someone who can share their own journey of faith with you; someone who will rejoice with you or support you in time of difficulty.
- It should be someone that you can connect regularly with, and who will actually do so – every week or two, whether in person or over the phone. This is someone who is sharing every step of your journey.

Spend some time praying and reflecting on who your choice will be. Yes, it is often a great honor for them. But it is also a role with great spiritual responsibility. Choose wisely!